

EDISON RECREATION DEPARTMENT

in association with

CHINESE KUNG FU

Chen Taiji * Qi Gong * Ba Gua * Shaolin

Master Wang: Renowned Martial Art Master specialized in Taiji, Qi Gong and Baguazhang.



Master Wang Feng-Ming



Master Wang demonstrating fighting technique at a European conference



Master Wang demonstrating Push Hands technique at a European conference

Areas of Study:

Chen Taiji



Taiji means the "Supreme Ultimate" state of undifferentiated absolute and infinite

potentiality. Tai chi training first and foremost involves learning solo routines, known as forms. [\(Read more\)](#)

Qi Gong



Qi Gong is a unique, independent, and systemic science of human body. Practicing Qi

Gong is proven to be helpful for your health. [\(Read more\)](#)

Ba Gua



What are "eight diagrams" (Ba Gua) and how to practice eight diagrams? Eight diagrams refer to

eight directions and there is a circle with 1.5 meter in diameter on each of the eight directions. [\(Read more\)](#)

Shaolin



- Foundation skills
- Shaolin Fist Form
- Long Fist Forms
- Weapon Forms
- Sparring Forms

Class Schedule

Weekly classes are offered on **Saturday** throughout the year for both adults and kids aged four and older:

- ❖ Qi Gong & Taiji: **1:30pm – 2:50pm**
- ❖ Ba Gua & Push Hand: **2:50pm – 3:50pm**
- ❖ Shaolin: **3:50pm – 4:50pm**

Classes will be held at **Edison Senior Center, 2963 Woodbridge Ave., Edison, NJ 08837**

Fee for instruction is **\$60.00 per person per month**. Payment is to be made in cash or check at the class.

Please complete the application below and return to:

Master Wang Fengming at the class

Tel #: 973-968-5019, worldtaiji1@gmail.com

<http://www.worldtaiji.com>

I hereby give permission for myself/my child to participate in this activity and assume the risk thereof and I do agree for myself/my child at all times to keep the said Recreation Department, Personnel and the Township of Edison free, harmless and indemnified from any and all liability for any injury I/my child might sustain as the result of said participation. Photographs, videotapes, and audio recordings of the participant, while participating in an Edison Recreation Department Program may be made. I hereby permit, consent and authorize such materials of myself/my son/daughter as an individual or part of a group with or without text, to be used for Edison Township Recreation Activities. It is further understood and agreed that Edison Township does not provide any insurance coverage for the participant or organization.

Name: _____ Date of Birth: _____ Age: _____ Sex: _____

Address: _____ Zip Code: _____

Email: _____ Home #: _____ Cell #: _____

Child's Parent/Participant Name: _____ Signature: _____

EDISON TOWNSHIP RECREATION DEPARTMENT
Thomas Lankey, Mayor ~ Edison Municipal Council
Joyce Fircha, Supervisor