Calendar of Events
For
December 2019

Edison Senior Citizen Services
2963 Woodbridge Ave., Edison, NJ
732-248-7345
Official Website: www.EdisonNJ.org
Email: seniors@edisonnj.org

Mayor Thomas Lankey
Municipal Council
Jay P. Elliot, Director of Health & Human Services
Winter Safety Tips for Seniors

1. Listen to weather reports regularly.

2. Have a battery-powered radio and flashlight along with extra batteries, so you can still listen to the weather news during a storm.

3. Stock up on fresh water and dried or canned food (make sure you have a working can opener). If you have pets, stock up on their food, too.

4. Set up a buddy system with a neighbor who will check in on you in case of a storm.

5. If you have a caregiver, make sure there is an emergency plan in place in the event weather prevents your caregiver from getting to you.

6. Find out if your local pharmacy and grocery store make deliveries. It’s best to stay inside as much as possible when conditions are bad. Have at least a seven-day supply of your medications with you. If you use oxygen, have an emergency supply to last three days or more.

7. For all your medical equipment that requires a power source, check with your medical supply company about a backup power source.

8. Keep walkways and steps around your home clear of debris to help prevent slips and falls.

9. Stock up on snow shovels, salt and sand. Use salt and sand on driveways and sidewalks in the winter to melt snow and improve traction, and shovel your walkways often. If you’re not comfortable taking these steps, ask a friend or neighbor to help.

10. If you are not comfortable with shoveling and cleaning up the snow and ice, check your local papers or yellow book for a company who does snow removal if you do not have a relative or neighbor who can help you. The Township and the Edison Senior Center DOES NOT provide snow removal services.

11. If you are going out, let someone know where you are going and when you will return. Always take a cell phone with you when driving.

12. If you need to go outside in cold weather, bundle up in layers of clothing, and wear a hat, scarf and gloves. Wear shoes with proper tread to avoid slips.
Tis’ the season… to give thanks for what we have, and help those in need.

Please join the Edison Senior Center as we assist the Hands of Hope Food Pantry

HOLIDAY FOOD DRIVE

Items will be accepted up to Friday, December 13th, 2019

Donations can be dropped off at the Edison Senior Center Office Monday – Friday 9:00 am – 4:00pm at 2963 Woodbridge Ave, Edison (732) 248-7345
See Breanna in the office to drop off goods

FOOD PANTRY WISHLIST:
Soup
Canned Fruit & Vegetables
Canned Chicken & Tuna
Cereal or Oatmeal
Baby Food & Formula
Rice & Pasta
Pasta Sauce
Any non-perishables

WE WILL NOT ACCEPT ANY ITEMS THAT ARE EXPIRED
Holiday Happenings

1st Annual Holiday Stroll and 30th Annual Christmas Tree Lighting Saturday, December 7th 2019
Festivities begin at 2pm

The festivities will begin at 2pm with the arrival of the Grinch with a surprise guest. Stroll along Amboy Ave, take a ride on the trackless train, catch a seal from the North Pole, take a picture in a Snow Globe, and more.

At 3pm, Santa will arrive on the back of a fire truck and will be outside PM Studios where he will participate in holiday photos.

There will be plenty to see and do leading up to the 30th Annual Christmas Tree Lighting Ceremony to be held at Heritage at Clara Barton Assisted Living, 1015 Amboy Ave. and plenty of time to enjoy a cup of hot chocolate before Mayor Thomas Lankey and Santa light the tree. The Herbert Hoover Middle School Chorus and the Edison High School Brass Quintet will provide musical entertainment. Yvonne’s School of Dance will provide also be featured.

Admission is one unwrapped toy ($5 value or monetary value). All donations will be given to the Hands of Hope Food Pantry.

Edison Festival of Lights Celebration
Wednesday, December 18th 7 –9pm

In cooperation with the Jewish Community Center of Middlesex County, Edison Township families are invited to view the lighting of the township Menorah. While the history and origin of the Festival of Light is told the ever popular “Tuvia” will provide traditional music.

The event will take place at the Jewish Community Center, 1775 Oak Tree Road, Edison at 7p.m. Balloons and fun for the children, refreshments, giveaways and a children’s holiday craft table will make this evening a special family event.

11th Annual Holiday House Decorating Contest

Show off your hard work and holiday spirit by participating in Edison Township’s 11th Annual Holiday House Decorating Contest. Winners will be selected based on originality and creativity. Judging will take place December 17th starting at 6pm. The top three winners will be notified by a phone call and on the township web site: www.EdisonNJ.org.

Applications may be picked up at the Minnie B. Veal Community Center, 1070 Grove Ave. and the Recreation Offices at the Township
Edison Senior Center Calendar of Events

Inclement Weather

In the event of snow or ice storms, each club president will make the decision regarding cancelling a club meeting. The president will then inform the senior center of his/her decision.

It is the club’s responsibility to call all members to advise them if a meeting has been cancelled. Those wishing to cancel their shopping or medical transportation due to weather should call the senior center directly at 732-248-7345.

The Edison Senior Center will be closed to all club activities and programs beginning Monday, December 23, 2019 through Wednesday, January 1, 2019 in order to allow our custodian to strip and wax the floors in the building. Activities and programs will resume on Thursday, January 2nd. The Middlesex County Senior Lunch Program will continue to serve lunch during this time period.

Exercise with Dawn Will take a Winter Break

Exercise with Dawn will take a short holiday break and classes will not be held December 13th through January 2, 2019. Class will resume Thursday, January 3.

Medicare Update:

Annual Open Enrollment Period Ends December 5th
- After December 5th, Medicare beneficiaries will no longer be able to change their Medicare; drug plan coverage for 2020.

Premium Increase for Part B Medicare Announced—The Center for Medicare Services has announced that the monthly Part B premium will increase to $144.60. A $9.10 increase over the 2019 premium price of $135.50.

Part B Medical Deductible Increase—The Center for Medicare Services has also announced that the annual Part B deductible will increase to $198.00. A $13.00 increase over the 2019 premium price of $185.00.

Should you have questions or concerns regarding your Medicare coverage, please contact Judi Gillingham at the Edison Senior Center by calling 732-248-7345.
Edison Senior Center December Holiday Closings and Cancellations

Wednesday, December 11, 2019 Nutrition Program Annual Meeting
Lunch will not be served on Wednesday, December 11th as our nutrition staff attends their mandatory annual meeting.

Tuesday, December 24, 2019 Christmas Eve
The senior center closed for Christmas Eve.
No transportation or nutrition services will be available.

Wednesday, December 25, 2019 Christmas Holiday Observed
The senior center will be closed in observance of the Christmas Holiday.

Tuesday, December 31, 2019 New Year’s Eve
The senior center will be closed for New Year’s Eve.
No transportation or nutrition services will be available.

Wednesday, January 1, 2020 New Year Holiday Observed
The senior center will be closed in observance of New Year’s Day.

Please note: The Edison Senior Center will be open for business and lunch will be available during the month of December except on the above mentioned dates.
Feel free to join us for lunch during your club’s winter break.
To reserve you lunch, please contact Peggy, our nutrition site manager at 732-452-0377.
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<tr>
<td>9am: Exercise with Dawn</td>
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<td>11:30am Lunch is Served</td>
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<td>12:30pm Oak Tree Senior Club Meeting</td>
<td>12:30pm Lindeneau Senior Club Meeting</td>
<td>6:30pm Line Dancing Open Instruction</td>
<td>12:30pm Clara Barton Senior Club Meeting</td>
<td>12:30pm Bonhamtown Senior Club Meeting</td>
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**Senior ID Cards** are issued Monday–Friday 9am–3pm.